18 Rules

- 1. Love truth.
- 2. Welcome folly.
- 3. Distrust goals.
- 4. Laugh deeply.
- 5. Farm money.
- 6. Die daily.
- 7. Give forgetfully.
- 8. Digest adversity.
- 9. Bury ambition.
- 10. Scrutinize motives.
- 11. Carry silence.
- 12. Befriend nature.
- 13. Work restfully.
- 14. Touch hearts.
- 15. Trust emptiness.
- 16. Avoid advising.
- 17. Break rules.
- 18.