Remembrance

Remembering tells me I was never not, nor were you nor anyone.

Arteries in the Cosmos are pulsing with light and life and love

in a flow never ceasing yet constantly changing in form and expression.

Peace it is to remember these arteries that feed from out of the Unseen,

their pulsings uncountable, their inner motions subtler than any evening breeze.

Remembering upward and inward, how not feel vitality from the One?

I remember (don't you?) the beauty within trust, the safety of community,

the triumph of cooperation, the brave sureness of joy, love as easy to find as air.

Remembering as I do and perhaps as you do, how could one not return?

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