## **First Commandment**

I am the Lord thy God, which have brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no others gods before me.

Cleave to none but the One.

The Many will court you, lure you into their shrines set up to Power, to Wealth, to Fame, to Security, and bid you worship there and lay down your life.

Beware of the Many, for they are always without, while the One is always within. Understand the undersound of the One before heeding any outer speeches. The One speaks with thundering silence in the heart of your heart. Authority devoid of the One is no authority at all.

The One in you, you in the One, is All.

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